



Wellness *Retreat*

A PRIVATE BOUTIQUE WELLNESS GETAWAY

# THE WILLOUGH WELLNESS RETREAT

Relax. Restore. Reconnect.

Gather your favorite people for an intimate overnight escape featuring beautiful accommodations, Italian-inspired dining, and wellness experiences tailored to your group.

## Your Private Retreat

\$3,000 per night

Full house buyout for groups of 5-10 guests

- Five guest rooms, each with a private bathroom
- Welcome Prosecco reception
- Italian-inspired dinner spread with a chef-led wine tasting
- Fresh, cooked-to-order breakfast the following morning

## Day Two | Choose Your Wellness Experiences

**GROUP YOGALATES & STRENGTH** | \$200 flat fee per group

45-minute guided movement and strength session

**MASSAGE & REIKI** | \$110 per person + \$25 Reiki add-on

Personalized massage, with optional Reiki add-on

**FULL-BODY RED LIGHT SESSION** | \$45 per person

20-minute wellness session

**PEPTIDES & STRENGTH TRAINING EDUCATION** | \$200 flat fee per group

Informational group session on peptides and strength training

## Make It Your Own

Build a retreat around the experiences your group enjoys most. Additional à la carte treatments and per-person wellness options are available through the booking link provided separately.

[Italian Inspired Menu](#)

[Book Your Spot Now](#)

An intimate escape. Thoughtful experiences. Time well spent.  
Inquire about availability and private group reservations.

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